

### **What is the MicroPeel?**

- It increases cellular turnover and stimulates the production of new cells and collagen.
- It refines the epidermis (upper layers of the skin).
- It utilizes physical and chemical means to exfoliate the skin.
- It is a superficial, epidermal chemical peel.

### **What does the MicroPeel accomplish?**

- It may lessen the appearance of epidermal lines.
- It may lighten the appearance of epidermal pigmentation.
- It may reduce the frequency and severity of acne. However, it may increase acne during the beginning stages.
- It may eliminate dry skin.
- It may refine pore size and oil production.
- It may reduce keratosis, (dry, flaking growths).
- It may make skin appear and feel smoother.
- It may soften skin
- MicroPeels maximize and speed up the results that can be achieved through skin care
- It does NOT improve dynamic wrinkles, sagging or skin folds.

### **What is the time frame for this program and how many treatments will I need?**

- To achieve desired, realistic results, 4 - 6 treatments are needed every 2 – 6 weeks apart.
- Acne patients may need to return more often.
- Once desired results are achieved, you must use skin care products regularly at home and have maintenance peels once every 2 -3 months.
- Expect your skin to return to pre-peel condition in 6 months or less if you fail to follow the regimen.

### **What is the Home Treatment Program?**

- You will not have to throw away the products you have been using. However, we ask that you put some or all of them aside and use the BioMedic/Larouche-Posay products for the duration of the treatment so that the results of the MicroPeel can be properly monitored and maintained.
- You will be using approximately 3 - 6 products. Some individuals may need a prescription medication.
- These affordable products are only available in doctor's offices, not in department stores or pharmacies.

### **Conditions when you would not allow a patient to have a MicroPeel?**

- If you are using Accutane® or Effudex.
- If you have a history of frequent cold sores.
- If you are pregnant or lactating
- If you have a history of lupus, scleroderma, are currently receiving chemotherapy or radiation
- If you have used a wax or depilatory to remove any facial hair within 2 weeks

### **Restrictions when having MicroPeel treatments?**

- No dermaplaning is performed on active acne skin, patients with thick, dark hair or patients going through hormonal changes. Certain medications you are taking may cause hair growth as a side effect.
- Gentle formula acids are used on sensitive skin. Dermaplaning is performed lightly on sensitive skin or telangiectasias, (small spider veins).
- CO<sub>2</sub> is limited on individuals who have become sensitized during treatment. CO<sub>2</sub> is also limited or eliminated on some ethnic skin types.

### **Before the Procedure:**

- Fill out the new patient forms. The medical history, skin evaluation and informed consent can be downloaded from our website [www.kleinertkutzplastics.com](http://www.kleinertkutzplastics.com).
- Be sure you arrive without contact lenses or remove them before the procedure.
- Alert the nurse about any medical or skin conditions, especially herpes (fever blisters), use of Retin A or retinol, recent peels, laser treatments, or other facial procedures.
- Photographs will be taken.
- Some ethnic or darker skinned patients may need to use a skin lightening product before and/or after the procedure.

**After the Procedure:**

- You can return to work or social activities almost immediately.
- You may apply makeup immediately after the procedure.
- Home treatment products may be resumed; however, hold the retinol, conditioning gel and topical prescription medicines until redness subsides unless instructed otherwise.
- Always use a sun block, no matter what time of year or what kind of weather!!!!

**You Can Expect:**

- Almost no discomfort.
- A small amount or absolutely no peeling in the days following the procedure depending on the solution used.
- Redness that usually resolves by the next morning.
- Uneven healing at times. There may be small scabs or bruising where a milia or keratosis is removed. Keep the area well moisturized or apply a thin layer of Vaseline twice a day to promote healing. DO NOT expose the area to any sun!
- This procedure does not stop the maturing process and will need to be repeated at regular intervals.

**Notify our office at 981-4724 or contact Shannon by email at [sspeth@kkahand.com](mailto:sspeth@kkahand.com) if:**

- You experience extreme pain, redness or a rash that does not disappear.
- You have any questions concerning your skin or product usage.